



Giving Medication: IV Push

Your doctor has ordered a medication that will go into your intravenous line. This is called an IV Push because the syringe “pushes” the medication into your bloodstream.

You will also need to “flush” your IV line. Flushing means filling the IV tubing with a solution to keep it from clotting.

Your nurse will show you how to flush the line and put in the medication. This fact sheet will help you remember the steps.

Prepare

1 Clean your hands with cleansing solution.

- Rub your hands vigorously until they are dry.
- Clean your hands each time you work with your IV.



2 Check the medication label.

- Verify each label has your name and dose, and is not expired.
- Call your nurse or pharmacist and do not use the medication if the label is incorrect.



3 Lay out your supplies.

- Medication syringe
- 2 Saline syringes
- Heparin syringe, if needed
- Sterile wipes
- Alcohol disinfectant cap



Medication information

Medication: _____

Schedule: _____

- Prefilled syringe
 Fill Syringe with medication

S.A.S.H. FLUSH

Saline: _____ mL

Administer medication

Saline: _____ mL

Heparin: _____ mL

Prepare your syringes

1 Remove the syringe cap.



2 Gently tap the syringe to move air to the tip.



3 Push the plunger to remove air and extra solution.

- If difficult to push, pull plunger back slightly to break the seal.



4 Replace the syringe cap until you are ready to use it.



Flush your IV line

Flush your IV line with saline.

How to flush your IV line

- 1 Remove the alcohol disinfectant cap and discard.



- 2 Attach the syringe firmly to the IV needleless connector using a push and twist motion.



- 3 Open the clamp.



- 4 Inject the solution.



- 5 Close the clamp.



- 6 Remove and discard the syringe.



- 7 Attach a new alcohol disinfectant cap after the final flush.



* If the needleless connector touches anything, **CLEAN IT** with a sterile wipe for 15 seconds.

Administer your medication

- 1 Scrub the needleless connector with a sterile wipe for 15 seconds if it has touched anything.



- 2 Attach the medication syringe firmly to the needleless connector.



- 3 Unclamp the IV line if it is closed.



- 4 Inject medication over _____ minutes. Remove and discard syringe.



Flush Your IV Line

Follow the "How to flush your IV line" instructions:

- Flush with saline.
- Flush with Heparin, if instructed.

Discard supplies

Discard all your used supplies in the regular trash unless your nurse tells you otherwise.

